

Babies Menu: Week One

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Fresh Fruit Apple, Pear and Banana Puree	Fresh Fruit and Yoghurt Peach rice pudding with cinnamon puree Ingredients: Peach, arborio rice and cinnamon DF – no yoghurt	Fresh Fruit Apple, Pear and Banana Puree	Fresh Fruit and Rice Cakes Peach rice puree with cinnamon Ingredients: Peach, arborio rice and cinnamon	Fresh Fruit Tapioca and Pear Puree Ingredients: Pear, Tapioca and apple
LUNCH	Puree – Broccoli, cauliflower, carrot and rice Ingredients: Broccoli, cauliflower, carrot and rice.	Puree – Sweet Potato & Spinach Puree Ingredients: Sweet potato & Spinach	Puree – Broccoli, cauliflower, carrot and rice Ingredients: Broccoli, cauliflower, carrot and rice.	Puree – Sweet Potato & Spinach Puree Ingredients: Sweet potato & spinach	Puree – Broccoli, cauliflower, carrot and rice Ingredients: Broccoli, cauliflower, carrot and rice.
AFTERNOON TEA	Apple Puree with Rice Cereal Ingredients: Apple and Rice Cereal GF: No Rice Cereal	Apple, peach and prune puree Ingredients: Apple, Peach and Prune.	Apple Puree with Rice Cereal Ingredients: Apple and Rice Cereal GF: No Rice Cereal	Apple, peach and prune puree Ingredients: Apple, Peach and Prune.	Apple Puree with Rice Cereal Ingredients: Apple and Rice Cereal GF: No Rice Cereal

Milk is offered with both Morning Tea and Lunch, children have access to water throughout the day and with Afternoon Tea.

Fresh Fruit will be a combination of Apples, Pears, Bananas, Watermelon and Oranges. Seasonal Fruit will also be included.

Assorted sandwiches will consist of Baked Beans, Vegemite, Honey, Ham and Cheese, Tuna and Mayo, Salad, Turkey.

GF= Gluten Free

DF= Dairy Free

Veg= Vegetarian

V= Vegan



Babies Menu: Week Two

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	<p>Fresh Fruit</p> <p>Apple, Pear and Banana Puree</p> <p>Ingredients: Apple, Pear and Banana</p>	<p>Fresh Fruit</p> <p>Apple, Apricot Puree with Rice Cereal</p> <p>Ingredients: Apples, Apricots and Rice Cereal.</p> <p>GF – No Rice cereal</p>	<p>Fresh Fruit</p> <p>Apple, Pear and Banana Puree</p> <p>Ingredients: Apple, Pear and Banana</p>	<p>Fresh Fruit</p> <p>Apple, Apricot Puree with Rice Cereal</p> <p>Ingredients: Apples, Apricots and Rice Cereal.</p> <p>GF – No Rice cereal</p>	<p>Fresh Fruit</p> <p>Apple, Pear and Banana Puree</p> <p>Ingredients: Apple, Pear and Banana</p>
LUNCH	<p>Puree – Chicken, red lentils and carrot Mash</p> <p>Ingredients: Chicken, Red lentils and carrot.</p>	<p>Puree – Pumpkin and Baked bean</p> <p>Ingredients: Pumpkin Baked Beans & Spinach</p>	<p>Puree – Chicken, red lentils and carrot Mash</p> <p>Ingredients: Chicken, Red lentils and carrot</p>	<p>Puree – Pumpkin Baked Bean & Spinach</p> <p>Ingredients: Pumpkin Baked Beans & Spinach</p>	<p>Puree – Chicken, red lentils and carrot Mash</p> <p>Ingredients: Chicken, Red lentils and carrot</p>
AFTERNOON TEA	<p>Apple, cinnamon and rice</p> <p>Ingredients: Apples, Cinnamon and Arborio Rice</p>	<p>Apple, Blueberry and Pear Puree</p> <p>Ingredients: Apple, Blueberry and Pear</p>	<p>Apple, cinnamon and rice</p> <p>Ingredients: Apples, Cinnamon and Arborio Rice</p>	<p>Apple, Blueberry and Pear Puree</p> <p>Ingredients: Apple, Blueberry and Pear</p>	<p>Apple, cinnamon and rice</p> <p>Ingredients: Apples, Cinnamon and Arborio Rice</p>

Milk is offered with both Morning Tea and Lunch, children have access to water throughout the day and with Afternoon Tea.

Fresh Fruit will be a combination of Apples, Pears, Bananas, Watermelon and Oranges. Seasonal Fruit will also be included.

Assorted sandwiches will consist of Baked Beans, Vegemite, Honey, Ham and Cheese, Tuna and Mayo, Salad, Turkey.

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Babies Menu: Week Three

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	<p>Fresh Fruit</p> <p>Apricot and Apple Porridge Ingredients- Apricot, apple and rolled oats. GF – No Oats</p>	<p>Fresh Fruit</p> <p>Tapioca, Apple and Rhubarb Ingredients: Tapioca, Apple & Rhubarb</p>	<p>Fresh Fruit</p> <p>Apricot and Apple Porridge Ingredients- Apricot, apple and rolled oats. GF – No Oats</p>	<p>Fresh Fruit</p> <p>Tapioca, Apple and Rhubarb Ingredients: Tapioca, Apple & Rhubarb</p>	<p>Fresh Fruit</p> <p>Apricot and Apple Porridge Ingredients- Apricot, apple and rolled oats. GF – No Oats</p>
LUNCH	<p>Puree – Broccoli, cauliflower, carrot and rice</p> <p>Ingredients: Broccoli, Cauliflower, Carrot and Rice</p>	<p>Puree – Beef Bolognaise sauce and vegetables mashed.</p> <p>Ingredients: Beef, Carrot, tomato and garlic, Mixed herbs and rice flour.</p>	<p>Puree – Broccoli, cauliflower, carrot and rice</p> <p>Ingredients: Broccoli, Cauliflower, Carrot and Rice</p>	<p>Puree – Beef Bolognaise sauce and vegetables mashed.</p> <p>Ingredients: Beef, Carrot, tomato and garlic, Mixed herbs and rice flour.</p>	<p>Puree – Broccoli, cauliflower, carrot and rice</p> <p>Ingredients: Broccoli, Cauliflower, Carrot and Rice</p>
AFTERNOON TEA	<p>Apple and Apricot Puree Ingredients: Apple and Apricots.</p>	<p>Apple and Banana Puree Ingredients: Apple and Bananas</p>	<p>Apple and Apricot Puree Ingredients: Apple and Apricots.</p>	<p>Apple and Banana Puree Ingredients: Apple and Bananas</p>	<p>Apple and Apricot Puree Ingredients: Apple and Apricots.</p>

Milk is offered with both Morning Tea and Lunch, children have access to water throughout the day and with Afternoon Tea.

Fresh Fruit will be a combination of Apples, Pears, Bananas, Watermelon and Oranges. Seasonal Fruit will also be included.

Assorted sandwiches will consist of Baked Beans, Vegemite, Honey, Ham and Cheese, Tuna and Mayo, Salad, Turkey.

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Babies Menu: Week Four

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	<p>Fresh Fruit</p> <p>Apple, Pear and Banana Puree Ingredients: Apple, Pear and Banana</p>	<p>Fresh Fruit</p> <p>Tapioca, Apple and Pear Puree Ingredients: Tapioca, pear and Apple.</p>	<p>Fresh Fruit</p> <p>Apple, Pear and Banana Puree Ingredients: Apple, Pear and Banana</p>	<p>Fresh Fruit</p> <p>Tapioca, Apple and Pear Puree Ingredients: Tapioca, pear and Apple.</p>	<p>Fresh Fruit</p> <p>Apple, Pear and Banana Puree Ingredients: Apple, Pear and Banana</p>
LUNCH	<p>Puree - Sweet potato and Pea Puree</p> <p>Ingredients – Sweet Potato and Peas</p>	<p>Puree – Pumpkin, Zucchini and Baked bean</p> <p>Ingredients: Pumpkin, Zucchini and Baked Beans</p>	<p>Puree - Sweet potato and Pea Puree</p> <p>Ingredients – Sweet Potato and Peas</p>	<p>Puree – Pumpkin, Zucchini and Baked bean</p> <p>Ingredients: Pumpkin , Zucchini and Baked Beans</p>	<p>Puree - Sweet potato and Pea Puree</p> <p>Ingredients – Sweet Potato and Peas</p>
AFTERNOON TEA	<p>Pear Semolina Puree</p> <p>Ingredients: Pear and Semolina GF: No Semolina</p>	<p>Apple, cinnamon and rice</p> <p>Ingredients: Apple, cinnamon and rice</p>	<p>Pear Semolina Puree</p> <p>Ingredients: Pear and Semolina GF: No Semolina</p>	<p>Apple, cinnamon and rice</p> <p>Ingredients: Apple, cinnamon and rice</p>	<p>Pear Semolina Puree</p> <p>Ingredients: Pear and Semolina GF: No Semolina</p>

Milk is offered with both Morning Tea and Lunch, children have access to water throughout the day and with Afternoon Tea.

Fresh Fruit will be a combination of Apples, Pears, Bananas, Watermelon and Oranges. Seasonal Fruit will also be included.

Assorted sandwiches will consist of Baked Beans, Vegemite, Honey, Ham and Cheese, Tuna and Mayo, Salad, Turkey.

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